



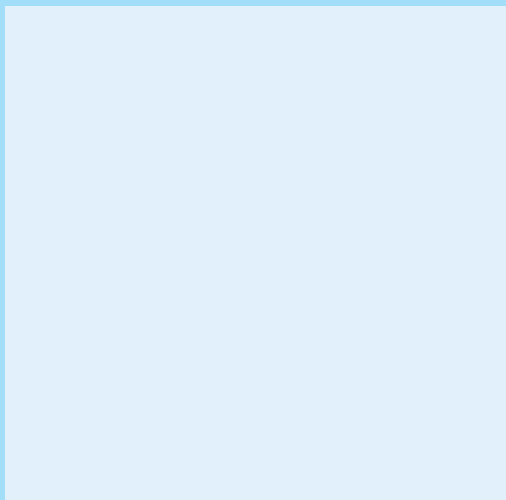
What is Snoring?

Snoring is a sign of a breathing problem. It occurs when the jaw opens and the tongue falls into the back of the throat, causing the airway to narrow and forcing air through the smaller opening. This creates sound vibrations in the throat known as snoring. Snoring can seriously affect your quality of life. Snoring can be embarrassing and inconvenient, and can cause problems in relationships. In some cases, snoring is a red flag for a more serious medical problem called obstructive sleep apnea (OSA).

What is Obstructive Sleep Apnea?

OSA occurs when the muscles and tissue surrounding the throat relax causing the airway to completely collapse and block airflow into the lungs. This blockage cuts off the oxygen supply to the body and brain. The airway obstruction persists until the brain partially awakens the person. The repeating cycle – falling asleep, muscles relaxing, airway collapsing, unconsciously awakening with a gasp – prevents a restful night of sleep. The lack of oxygen puts extra stress on the entire body, especially the heart. Sleep apnea is a serious chronic disease that may trigger other serious health problems:

- Chronic Sleepiness
- Heart Attack
- High Blood Pressure
- Stroke
- Heartburn
- Morning Headaches
- Depression
- Sexual Dysfunction



Put your
snoring to rest.

Airway Management
3418 Midcourt Road, Suite 114
Carrollton, TX 75006, USA

866.264.7667

MYTAPAPPLIANCE.COM



WITH THE NEW

myTAP™

AM
AIRWAY
MANAGEMENT

AM
AIRWAY
MANAGEMENT



Sleep soundly tonight, and have a better tomorrow.



The myTAP™ Concept

The myTAP is a simple treatment for snoring and sleep apnea. It is based on the most effective oral appliance on the market, the TAP™ by Airway Management. It holds the lower jaw in place so that the soft throat tissues do not collapse into the airway, causing snoring and sleep apnea.

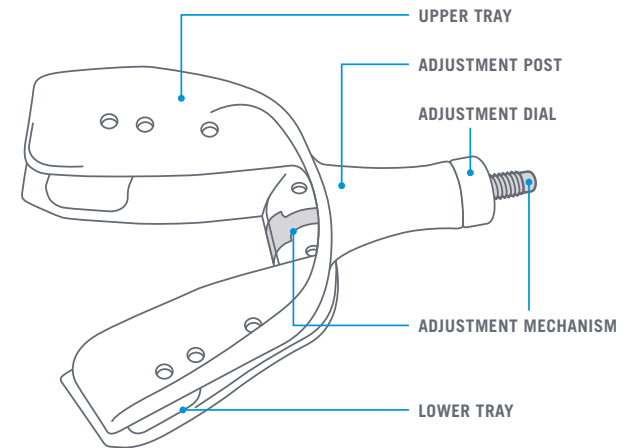
The Best Treatment

The best treatment option for you is one that you will wear **all night, every night**. Most patients experience relief the very first night they wear myTAP. The trays of myTAP look like teeth whitening trays and fit over the upper and lower teeth. They couple together to hold the lower jaw in a forward position so that it does not fall open during the night, causing snoring. The more you pull your jaw forward, the more your airway will open.

How myTAP Works

The myTAP adjustment mechanism is attached to the lower tray and is threaded through the adjustment post of the upper tray. An adjustment dial is screwed onto the end of the threaded adjustment mechanism allowing the patient to adjust the advancement of the mandible.

Get to Know the Key Components



The myTAP opens obstructed airways

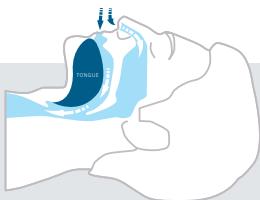


Figure 1
Normal jaw position

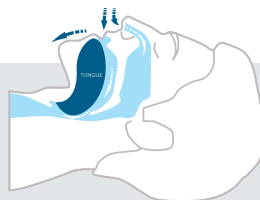


Figure 2
Relaxed jaw position, tongue and throat tissue collapse, restricting breathing

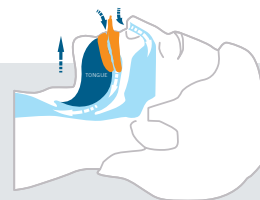


Figure 3
The myTAP maintains a forward jaw position and an open airway



MYTAPAPPLIANCE.COM